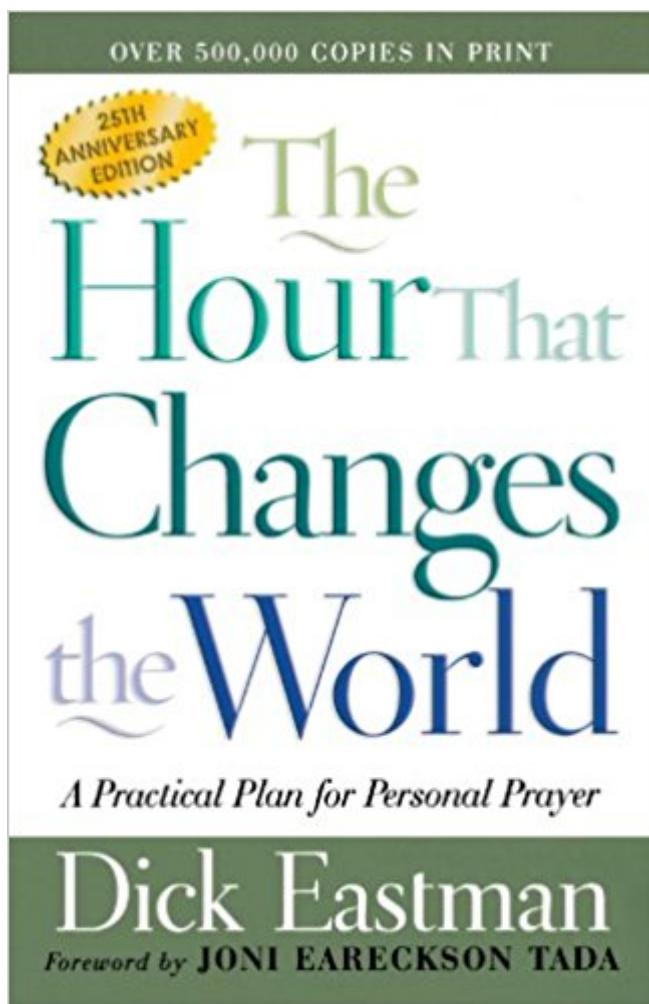


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# The Hour That Changes The World: A Practical Plan For Personal Prayer



## Synopsis

The Hour That Changes the World, first published by Baker in 1978, is a classic book on prayer that offers practical suggestions on how readers can revitalize their prayer lives. Dick Eastman challenges Christians to spend one hour each day in prayer, and he outlines a twelve-step prayer program to help them accomplish the task. By dividing one hour into twelve five-minute "points of focus," such as praise, waiting, confession, and Scripture praying, believers will develop a more consistent habit of daily prayer. The Hour That Changes the World draws heavily on Scripture and classic devotional writers and includes an appendix titled "Scriptural Intercession." This 25th anniversary edition features a new introduction by Eastman and a new foreword by Joni Eareckson Tada, in which she writes: "The Hour That Changes the World may appear small and modest, but don't let its size fool you. Full of biblical insights about prayer, packed with testimonies of prayer warriors from years past, brimming with practical suggestions that will help you carve out a purposeful time of praise and intercession, Dick Eastman's book is arguably the most significant book on prayer written in modern times."

## Book Information

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## Customer Reviews

A classic book with a 21st century challenge. More than two million Christians around the world have revitalized their prayer lives through the step-by-step plan of prayer outlined in this book. You'll be challenged to spend one hour each day in prayer by dividing the hour into twelve five-minute "points of focus," such as praise, waiting, confession and Scripture praying. In this special 25th anniversary edition of The Hour That Changes the World, Dick Eastman also extends an invitation for believers

everywhere to help form continuous walls of prayer in their communities-saturating neighborhoods and nations with nonstop, focused intercession. Whether you join a wall of prayer or simply apply the twelve-points plan, this book will transform your prayer life. As Joni Eareckson Tada writes in the foreword, "Through these pages the Lord Jesus catapulted me into a whole new dimension of joy. . . . Dick Eastman's book is arguably the most significant book on prayer written in modern times."

Dick Eastman is the president of Every Home for Christ and author of Celebration of Praise, No Easy Road, Love On Its Knees, and several other books. He lives in Colorado Springs, Colorado, with his wife, Dee, and is a prayer leader respected across denominational boundaries.

This book was recommended at a recent leadership gathering I attended. It sounded interesting to me because I was trying to re-establish a more regular pattern of prayer, because it offered a 'structure' that walked through different types of prayer, and among those types were some periods of being quiet and listening. I've read through the whole book now and have practiced the form of prayer recommended during that time, adding a segment to my prayer time as I read each chapter describing that part of the prayer time. The variety and changes of prayer focus have been helpful. There were certain sections I struggled with, like 'Waiting' which I have a hard time distinguishing from 'Listening'. I'm not sure I agreed with all that the author shared about prayer, but I have found the book helpful. I have decided to alter the suggested order and focus more on some areas than others, but I'm thankful for having the model the book presents that I could then take and modify. I don't want my times of prayer to be too structured, but I consider myself in a time of training to be more consistent in prayer and in different forms of prayer, so the structure is helpful in that training, for now. In time, I can probably break from the rigid structure I'm using and more freely pray, but still be practicing all the different forms of prayer I've learned. If you are in a place where you need to grow or be refreshed in prayer, this book may be a help to you, as well.

I owned this book years ago and find it just as pertinent and helpful today as I did then. If you are serious about a consistent, meaningful prayer life, this book can give you the tools you need to build it.

Topics make good guide but hold on loosely and let your prayer time be Spirit led. I found the 12 topics a good guide but I also had to be careful not to allow it to dominate my prayer time. Sometimes I use it; sometimes I don't. I found my prayers were a little fluid around the five minute

guide and sometimes totally off but this pattern is good for establishing a consistent prayer habit. I found myself from the very beginning watching to make sure this didn't become a legalistic thing for me and that made it much more effective.

While personally daunting to ramp my daily prayer time to an hour a day, here is the practical and earnest guide on how to do so. Though exceedingly precise, this book brings warmth and encouragement from the author to carry the reader along chapter by chapter without bogging down. Thank you for this wonderful book!

This is one of the best books I have read on prayer. Now, I am going to put it into practice. I never considered having a set length of time for praying. Committing to pray for 60 min every day is daunting. Having 12 five-minute sections for specific areas of prayer makes it more manageable and the Holy Spirit must be the guide for all of it. I definitely recommend this book to all Christians!

What a lovely little book. In my own life, prayer has been a struggle. Having read quite a few books before and been encouraged to pray by friends and family it has always been difficult. This book lays out a plan. The plan is clear and simple, though demanding. To pray for an hour is not simple - the monks were right that a person needs to be trained to pray. This book is just that training. Already, my prayer life has received energy and life from following the advice of Dick Eastman. I would thoroughly recommend The Hour that Changes the World to anyone seeking a deep prayer life.

Great book, if you are serious about prayer. If you're not so serious, it shows a methodical way to incorporate different types of prayer into your time with God. For the unchurched, it explores types of prayer you may not be familiar with (Scripture-praying, meditation, et. al.)

Incredibly encouraging. One of those books I know I will read again. As always, I recommend reading everything carefully, since people can waver from the truth, but for the most part, this book is careful to use scriptures to back up the ideas presented.

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